



PRESS RELEASE

Solomon’s Fresh Market Gearing Up For 3rd Fun Walk & Health Fair

Nassau, Bahamas, May 21, 2018—On Saturday, May 26, Solomon’s Fresh Market will host its **3rd Annual Fun Walk & Health Fair** at Old Fort Bay. Event organizers are inviting members of the public to come out, get moving and learn more about options for living a healthier lifestyle. At 6:30 a.m., the 5K Fun Walk will begin in the store’s parking lot with participants traveling to Lyford Cay and back. Throughout the day, customers can also take advantage of free health screenings, cooking demonstrations and product sampling during the health fair running from 8 a.m.- 1 p.m.

“We’re excited to put on our third annual fun walk and health fair. Last year we had more than 100 persons participating in the walk and some 250 shoppers visiting vendor booths so we know that there is a strong interest in getting active and learning more about health and wellness,” said Naomi Grant, event organizer and Solomon’s Fresh Market Brand Manager. “As a company, we try to take advantage of every opportunity to educate our community and to provide information on incorporating fresh, natural and organic ingredients and physical activity into daily living.”

Grant invites persons to pre- register for the walk at www.solomonsfreshmarkets.com or visit any Solomon’s Fresh Market location to sign up. Registration will also take place on Saturday. Part proceeds from the 5K will benefit the Cancer Society of The Bahamas. Last year, AML Foods Limited, parent company of Solomon’s Fresh Market donated \$1,500 to the non-profit group. The company hopes to match or exceed that amount this year.

In addition to advice from fitness experts, tips on preparing nutritious meals and food sampling, Doctors Hospital and the Bahamas Medical Center will be available to conduct blood pressure checks, weigh-ins and glucose screenings at the health fair.

#

About AML Foods Limited: *AML Foods Limited was incorporated in 1989 in The Bahamas and is listed on the Bahamas International Securities Exchange. The Company and its subsidiaries are primarily engaged in the operations of retail and club stores offering dry and perishable food items and other consumer products, and the operation of a food franchise business. AML Foods Limited Food Distribution includes its retail division - Solomon's Super Center Nassau, Solomon's Fresh Market, Solomon's Freeport and Solomon's Lucaya – and its club division - Cost Right Nassau and Cost Right Freeport; the Company's Franchise Division consists of eleven Domino's Pizza locations in Nassau and Freeport and one Carl's Jr. Restaurant in Nassau. The registered office of the Company is at One Millars Court, off Shirley Street, Nassau, New Providence, Bahamas and the corporate office is at Town Centre Mall, Upper Level, Blue Hill Road, Nassau, New Providence, Bahamas, Tel: 242.677.7200.*

About this report: *This report may include "forward-looking statements." While AML Foods Limited believes that the expectations reflected in such statements are reasonable, it can give no assurance that such expectations will prove to be correct. Important factors that could cause actual results to differ materially from AML Foods' expectations include external economic conditions, changes in the marketplace, changes in interest rates and operating costs and other unforeseen events or conditions that affect the Group's performance.*

Contact:

Renea Bastian
VP Marketing & Communications
AML Foods Limited
Tel: 242-397-9782
Email: rbastian@amlfoods.com

